Welcome to ALS 101!

ALS 101 Fall 2009

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Online Chat: M/W/R 1-2:30 p.m.



Themes & Topics:

| | Week l | Making |
|---|----------|---------------------|
| | | Transitions & |
| | | Community- |
| | | Building |
| | | Ch. 1 + Intro. |
| | XIZ 1- 0 | Diamaina fau |
| | Week 2 | Planning for |
| | | Success: Knowing |
| | | Where to Find |
| | | Resources |
| | | Ch. 2: Time |
| | Week 3 | Teamwork for |
| | | International |
| | | Education Week |
| | | ~ |
| | | Ch. 9: Diversity |
| | Week 4 | Encoding & |
| | | Decoding on |
| | | Demand |
| | | Ch. 6: Tests |
| | | MIDTERM |
| | | |
| | Week 5 | Habit vs. Intention |
| | | |
| A | | Ch. 5: Thinking |
| | | |
| | | |





Our Challenge:

"To accomplish great things, we must not only act, but also dream; not only plan, but also believe."

Anatole France

Course Description & Objectives:

This course is designed to assist the student in obtaining skills and knowledge necessary to reach his/her educational objectives. Topics to be covered include memory development, time/priority management, test-taking, communication skills, study techniques, critical thinking, wellness management, understanding diversity, and career issues that face many college students. This course is recommended for all new students, returning students, and others who may benefit."

- 1. Learning how they are responsible for creating their own successful college experience,
- 2. Discovering and practicing positive behavioral changes,
- 3. Locating and utilizing campus and community resources,
- 4. Identifying and employing specific active learning strategies such as:

Lorem Ipsum



If we're not willing to settle for junk living, we certainly shouldn't settle for junk food. ~Sally Edwards

Course Objectives continued:

- a. Setting realistic and attainable goals
- b. Managing priorities effectively
- c. Reducing stress
- d. Discovering and using one's dominant learning style to best advantage
- e. Reading texts with improved focus, comprehension,

and retention

- f. Listening and comprehending lectures
- g. Taking effective, useful notes
- h. Improving memory and recall techniques
- i. Preparing for and taking tests successfully
- j. Presenting clear

- oral and written reports
- Improving creative and critical thinking skills,
- 11. Locating and utilizing a variety of library and technical resources,
- 12. Implementing plans to effectively manage financial resources,
- 13. Understanding personal health and wellness issues,



Education is the passport to the future, for tomorrow belongs to those who prepare for it today.

Master Student: Malcolm X

Required Text:

Ellis, Dave. <u>Becoming a Master Student</u>. 12th edition

Dolor Sit Amet

Lorem Ipsum



Themes & Topics Continued:

| Week 6 | Ch. 4: Reading Service Learning Projects Due |
|--------|--|
| Week 7 | Ch. 11 Health Legacies Due |
| Week 8 | Ch. 12: What's Next? Portfolios Due |

Course Veggies:

Expect the unexpected. Prepare for the best!

Late work: No late work is accepted. Assignments are designed with the knowledge that from time to time, priorities must be unavoidably rearranged. It is still possible to earn a passing or above average grade if students satisfactorily complete 70-80% of the assignments on time. Makeup work: Because of the philosophy of the instructor and purpose of the course, no make up work is offered. Make sure to be prepared for the journey each time 10% Legacy Week 7 the learning train leaves the station. An ounce of prevention is worth a pound of cure!

Examinations and Papers: You will participate in multiple forms of assessment each week. This may include essays, quizzes, online scavenger hunts, presentations, and peer editing.

Evaluation:

10% Weekly Chapter Exercises 10% Journal 10% Service Learning 10% Research 10% Midterm Week 4 10% Study Skills Portfolio Week 8 30% Tests (continued)

Grading Rubric for All Written Assignments

| Criteria/Rating | <u>Unsatisfactory</u> <u>(D/F)</u> | Satisfactory (C) | <u>Good (B)</u> | <u>Exemplary (A)</u> |
|-----------------|---------------------------------------|---|---|---|
| Required Eleme | Missing | Present | Elaborated on | Connected to main and sub-ideas |
| Concepts | Ideas misunderstood or not clear | Theory understood and restated/summarized | Evaluation of merits and shortcoming | Synthesis with prior knowledge evident |
| Process | Not mentioned | Briefly addressed | Deeper meaning or relevance examined | Suggestions, future direction proposed |
| Transferability | No evidence | Limited application | Other applications mentioned | Pattern or conceptual framework noted |
| Results/Outcom | Over emphasized | Causal relationship determined | Other contributing factors examined | Choices & Changes considered |

Source: L. Tanaka

Policy on Academic Integrity:

"Scholastic dishonesty will not be tolerated and will be prosecuted. You are expected to have read and understood the current issue of the student handbook (published by student services) regarding student responsibilities and rights, and the intellectual property policy, for information about procedures and about what constitutes acceptable on-campus behavior."

ADA Statement:

"Students with medical, psychological, learning or other disability desiring academic adjustments, accommodations or auxiliary aids will need to contact a campus Disability Resource Center (DRC)." If you get selected to be a note-taker in one of your other classes, you may count this toward your 10 hours of service.

Cheyenne: 651-4045

Charleston: 651-5089

Henderson: 651-3086

Disclaimer:

"Information contained in this syllabus, other than the grading, late assignments, makeup work and attendance policies, may be subject to change with advance notice, as deemed appropriate by the instructor."

A place to begin:

Education does not make us educable. It is our awareness of being unfinished that makes us educable.

Paulo Friere